**WHAT ARE PEDIATRIC RHEUMATIC DISEASES?**

Pediatric rheumatic diseases are a group of rare long-term, chronic inflammatory conditions of the musculoskeletal system. Many of these conditions are chronic, which means that they persist for many years and continue into adulthood. They need to be appropriately managed to minimize their effect on the children’s quality of life.

Some widespread conditions, such as lupus and systemic juvenile idiopathic arthritis (JIA), severely impair children’s overall health and wellbeing. Other conditions tend to be more localized and primarily affect the joints or skin.

**WHAT IS WORD DAY?**

Pediatric or juvenile rheumatic diseases are often unknown, even to some health care providers. This causes a delay before a correct diagnosis is made.

Early diagnosis and treatment are so important that the European Society for Pediatric Rheumatologists (PReS) and the European Network for Children with Arthritis (ENCA) are jointly inaugurating World Young Rheumatic Disease Day or WORD DAY for short.

On March 18th, pediatric rheumatologists, patients and parent associations across the globe will reach out to spread the word that children and young people get rheumatic diseases too.

**WHAT IS WORD-DAY?**

**ENGAGE WITH US**

- [twitter.com/wordday_org](twitter.com/wordday_org)
  #wordday2020
- [fb.me/wordday.org](fb.me/wordday.org)
  @wordday2020
- [www.printo.it/pediatric-rheumatology](www.printo.it/pediatric-rheumatology)

Events will be taking place around the world

Find out what is happening in your country

[www.word-day.com](www.word-day.com)

**WORD-DAY IS AN ANNUAL EVENT THAT TAKES PLACE AROUND THE GLOBE ON THE 18TH OF MARCH**
WHO TREATS PEDIATRIC RHEUMATIC DISEASES?

Since they are relatively uncommon, pediatric rheumatic diseases are often difficult to diagnose. Even some health care providers do not expect children to suffer from conditions that tend to be associated with older people. Although these conditions share common telltale signs, they are distinct and each have their own set of signs and symptoms. They can involve the eyes, skin, muscles, brain, kidneys and gastrointestinal tract. There is no single blood test that confirms any of the diseases. In children, the key to diagnosis is a careful physical examination, along with a thorough medical history.

NEW MEDICAL OPPORTUNITIES FOR CHILDREN

The last 25 years have opened many new treatment options for people with rheumatic diseases. Previously, medicine had little to offer children, and many spent their childhood in pain. Today, due to pediatric-focused medical research and the advent of biologic medicines, tested specifically with children, the majority of children who receive medical and other supportive treatment can achieve remission, whereby their condition is managed well, with little or no permanent damage.

EARLY DETECTION USUALLY PROVIDES A BETTER PROGNOSIS

When it comes to pediatric diseases, children are not just small adults. Children with rheumatic diseases require different treatments, and often have a different disease course and complications. Pediatric rheumatologists are trained to manage and care for these children and their families. One of the most severe complications to look out for in children living with juvenile idiopathic arthritis (JIA) is uveitis, an inflammation of the eye which can lead to blindness. This complication tends not to occur in adults.